

Summarized CURRICULUM VITAE

Shabnam Jalilolghadr

Position: Pediatric Sleep Physician, Associate Professor of Pediatrics, Children Growth and Development Research Center, Qazvin University of Medical Sciences, Qazvin, Iran

Address: Section of pediatric, Quods Children Hospital, Shahid Beheshti Ave, Qazvin, Iran.

Tel: +98 -281-33687301,

E-Mail: Shabnam_Jalilolghadr@yahoo.com

Language: Farsi, Turkish, and English

EDUCATION

2004-2005 Research Sleep Fellowship, Delta –Sleep Lab, Sydney University, Australia.

1994-1997 Board of education in pediatrics, Iran Medical University.

1986-1994 Received MD, Iran Medical University.

1981-1985 Received high school diploma with honor, Iran.

ACADEMIC AFFILIATION

1997-2011 Assistant Professor, Faculty of Medicine Qazvin University of Medical Sciences

2011 to date Associate Professor, Faculty of Medicine, Qazvin University of Medical Sciences

EXPERIENCE

2011 to 2014 Dean of Children Hospital, Qazvin, Iran

2002 to 2011 Head of Emergency Ward of Children Hospital

1999 to 2005 Head of Social Medical & Sanitation Department of Medical University

2005 to date Sleep Medicine Research

2000 to date Teaching sanitation courses to Medical Students

1998 to date Teaching Pediatrics Courses Residents theatrical and in practice

1998 to date Teaching physiopathology to externs and internships

2004 to date Member of EDC Committee of Medical University

2002 to date Member of Children Mortality Committee in Children Hospital

2001 to date Member of infant and children Asthma & Allergy Committee

1999 to date Member of Infant and Newborn CPR & Mortality Committee of University

1998 to date Main speaker and lots of Lectures in pediatricians' seminars and presentations in sleep seminars and main speakers in sleep and pediatric area in Iran.

1998 to date Participation in several workshops of Sleep medicine done in David Rea Laboratory in Sydney University and Sleep Courses in Italy and Dubai methodology of Teaching, Research, Asthma, Nutrition, Breast Milk feeding evaluation methods and etc.

PROFESSIONAL MEMBERSHIPS:

1994 to date : Iran medical Association,

2005 to date : Iranian Sleep Medicine society

2005 to date : Australian Sleep Medical Society

2010 to date : President and director of Sleep fellowship programs in Iran .

PUBLICATIONS

PEER REVIEWED

- 1) M.javadzadeh, z.hashemi, M.Roudbari, F.Mahvelati, **S.Jalilolghadr**. Sleep patterns and sleep disorders in primary school in Qazvin, Iran. Iranian Journal of Child Neurology, 2008, 4(2):15-19
- 2) **S Galilolghadr**, A Afaghi, H OConnor, CM Chow, Low GI milk drink as a bedtime snack predict shorter onset than high GI milk drink 19th ASM_ Sleep across time and age Intercontinental Burswood Resort, Perth, 5-7 October 2006.
- 3) **Jalilolghadr**, Afaghi, OConnor, chow.Effect of low and high glycemic index drink on sleep pattern in children. JPMA, 201; 61(6): 533.
- 4) Saffari.F, **Jalilolghadr.Sh**, Esmaeilzadehha. Bone mineral density in thalassemia patients in Qazvin.
- 5) Fatemeh Saffari, **Shabnam Jalilolghadr** ,Abolfazl Mahyar. Endocrine and metabolic disorders in B-thalassemia major patients. Caspian J Intern Med, 2012; 3(3): 466-472.

- 6) Hamid Reza Javadi, **Shabnam Jalilolghadr**, Zohreh Yazdi, Zeinab Rezaie Majd. Correlation between obstructive sleep apnea syndrome and cardiac disease severity. *Cardiovascular Psychiatry and Neurology* 01/2014; 2014:631380.
- 7) Manoochehr Mahram, Dariush Shahsavari, Sonia Oveisi, **Shabnam Jalilolghadr**, Comparison of hypertension and diabetes mellitus prevalence in areas with and without water arsenic contamination. *Journal of research in medical sciences* 05/2013; 18(5):408-12. .
- 8) Ghalehbaghi, Babak, Alimohammad Asghari, **Jalilolghadr**, Shabnam, Alireza Ahmadvand, Foroughi, Forough. High Prevalence of Sleep Problems in School-and Preschool-aged Children in Tehran: a Population Based Study *Iranian Journal of Pediatrics* 03/2013; 23:45-52. .
- 9) **Shabnam Jalilolghadr**, Samaneh Hashemi, Maryam Javadi, Neda Esmailzadehha, Hassan Jahanihashemi, Ahmad Afaghi. Sleep habits of Iranian pre-school children in an urban area: Late sleeping and sleep debt in children. *Sleep and Biological Rhythms* 04/2012; 10(2): 154-156.
- 10) Fatemeh Saffari, **Shabnam Jalilolghadr**, Neda Esmailzadehha, Peyman Azyntfar, Metabolic syndrome in a sample of the 6- to 16-year-old overweight or obese pediatric population: a comparison of two definitions. *Therapeutics and Clinical Risk Management* 01/ 2012; 8: 55-63.
- 11) **Shabnam Jalilolghadr**, Ahmad Afaghi, Helen O'Connor, Chin Moi Chow. Effect of low and high glycemic index drink on sleep pattern in children. *Journal of the Pakistan Medical Association* 06/2011; 61(6):533-6.
- 12) Zeighami R, Mohamadi hariry F, **Jalilolghadr SH**, Alipour heidari M. Investigating the Effect of "Citrus Aurantium" Aroma on Sleep Quality of Patients Hospitalized in the Coronary Care Unit (CCU), 2014; 4(1): 6 -10.
- 13) **Shabnam Jalilolghadr**, Ameneh Barikani , Atena Soltanzadi. Prevalence of Sleep Bruxism in Six Year-old Children in Qazvin (2011) .*Iranian Journal of Psychiatry and Clinical Psychology*, 2014 ;19: 255-263.
- 14) Maryam Javadi; Naser Kalantari ;**Shabnam Jalilolghadr** ;Nasrin Omidvar ;Bahram Rashidkhani ;Parisa Amiri. Sleep Habits and Dietary Intake Among Preschool Children in Qazvin. Department of Community Nutrition, Faculty of Nutrition and Food Technology, National Institute of Nutrition and Food Technology, Shahid Beheshti University of Medical J Compr Ped, 2014; 5(1): e5134.

- 15) Amintehran, Ebarhim Ghalehbaghi, Babak Asghari, Alimohammad **Jalilolghadr**, **Shabnam** Ahmadvand, Alireza Foroughi, Forough. High Prevalence of Sleep Problems in School- and Preschool-aged Children in Tehran: a Population Based Study. Iran J Pediatr, 2013; 23 (1): 45-52
- 16) **S Jalilolghadr**, N Kashanipoor , M Javadi. The effect of zinc supplementation on linear growth in short stature school-aged children in Qazvin, The Journal of Qazvin University of Med. Sci. 2008; 12(2): 22-28.
- 17) **Shabnam Jalilalghadr**, Fatemeh Saffari, Maryam Shabani, Neda Esmailzadehha. Sleep Disturbances and Respiratory Events in Snorers. Journal of Isfahan Medical School, 2012; 29, 163.
- 18) **Galilolgadr SH** , Hashemi S, Esmailzadehha N, Jahanihashemi H, Saffari F, Javadi M. Sleep problem and sleep habits in 3 to 6 years old iranian children. Pediatric Sleep Medicine Conference, Rome 3-5 sep 2010.
- 19) **Galilalgadr.SH** Normal sleep on polysomnography in children, Iranian journal of pediatrics, 18th international congress of pediatrics, Vol 16,oct 2006.

BOOK

Galilalghadr.Sh, Author of Book: Sleep and its Disorders in children, 2013.